

# St. Mary's Health Center

St. Mary's Health Center of Jefferson City (SMHC) is a full-service acute care hospital and a member of SSM Health Care, sponsored by the Franciscan Sisters of Mary. St. Mary's offers a full range of inpatient, outpatient, emergency and urgent care services for mid-Missourians. St. Mary's operates medical clinics in six surrounding communities: Belle, Holts Summit, Jefferson City, Tipton, Versailles and Lake Ozark.

## Quick Stats 2010

|                             |                    |                     |                           |
|-----------------------------|--------------------|---------------------|---------------------------|
| Beds<br>167                 | Employees<br>1,084 | Physicians<br>275   | Acute Admissions<br>8,960 |
| Outpatient Visits<br>78,052 | Surgeries<br>6,020 | ER Visits<br>33,083 | Births<br>661             |

## Key Services

- Cardiac Rehabilitation
- Cardiology/Cardiovascular Health
- Chemotherapy
- Community Programs & Classes
- Emergency Services
- Family Medical Clinics
- Hospitalists
- Intensive Care/eICU Intensivists
- Mammography
- Mental Health Services
- Obstetrics/Maternity
- Occupational Medicine
- Oncology
- Orthopedics/Rehab
- Palliative Care
- Pastoral Care
- Pediatrics
- Physician Services
- Radiology/Medical Imaging
- Retail Pharmacies
- Sleep Disorders
- Surgery Services
- Urgent Care Centers
- Women's Health
- Wound Healing Center

## Outreach Affiliations

- Callaway Community Hospital
- Fort Leonard Wood Hospital
- Hermann Area District Hospital

## Service Area

Counties of Cole, Miller, Moniteau, Osage, Callaway, Camden, Gasconade, Maries, Morgan

## Accreditations

- The Joint Commission
- Society of Chest Pain Centers
- American Academy of Sleep Medicine
- American Heart Association Training Center
- American Diabetes Association Program
- Intersocietal Commission for the Accreditation of Echocardiology Laboratories
- American Institute of Ultrasound Medicine
- Intersocietal Commission for the Accreditation of Vascular Laboratories
- American College of Radiology, Mammography
- College of American Pathologists
- American College of Surgeons



A Member of SSM Health Care

Revised 08.01.11

# Cancer Services

The St. Mary's Cancer Center and Services are the longest existing dedicated cancer service system in central Missouri. The practice of oncology (management of solid tumors) and hematology (management of blood malignancy and other blood disorders) is organized entirely on one campus within the current St. Mary's hospital environment.

## Quick Stats 2010

New Diagnosed Patients  
257

Avg. Daily Census  
17.73

24-Hr Infusion Center Procedures  
7,465

## Key Services

- 25 bed Oncology/Hematology Inpatient Unit
- 3-bed inpatient Palliative Care (hospice) Unit
- Central Missouri's only Outpatient Infusion Center open 24-hours, 7-day per week
- Cancer Registry with 3 certified Cancer Registrars
- Education of patients and families in cancer management, coping, and rehabilitation
- Central Missouri's largest certified I Can Cope faculty sponsoring quarterly I Can Cope programs in collaboration with the American Cancer Society
- Inpatient and Outpatient Pharmacy
- Hospice and Home Health
- Screening Mammography
- Pain Management Service

## Staffing

Nationally certified RNs and Patient Care techs in Oncology Nursing and/or Palliative Care. Patients trained cancer therapists in nutritional support; clinical psychologist with expertise in Oncology, Hematology, and Palliative Care; pastoral care with special training in supportive care and family support. RNs: 21 (all are cardiac medical certified). PCTs: 18 (all are palliative care trained).

## Contact

Melody Musser  
Manager  
573.761.7320  
melody\_musser@ssmhc.com  
www.lethealingbegin.com



# Cardiovascular Services

St. Mary's Health Center of Jefferson City is a full-service, acute-care hospital that offers a full range of inpatient, outpatient and emergency services for mid-Missourians. The Cardiology Department provides a wide range of comprehensive cardiac testing services. In addition to nuclear and echocardiography studies, St Mary's offers a complete range of other noninvasive cardiac testing. These tests electronically monitor heart activity over an extended period of time.

## Quick Stats 2010

Cardiac Cath Lab Procedures  
7,784

Stress Tests  
846

## Key Services

- Coronary Artery Bypass Graft Surgery
- Interventional Cardiology Procedures, i.e. PTCA, Stent Placement
- Cardiac Catheterization
- Pacemaker Implants
- Heart Failure
- Coronary Artery Disease
- Myocardial Infarction
- Electrocardiography (EKG)
- 24-hour Holter Monitoring
- 30-day Event Monitoring
- Stress Testing

## Contact

Gail Thompson, RN, C, BSN  
Director  
573.761.2165  
gail\_thompson@ssmhc.com  
www.lethealingbegin.com



Revised 08.01.11

# Emergency Services

Welcome to the St. Mary's Emergency Department. It is the mission of the St. Mary's Emergency Department to provide you efficient, compassionate, excellent emergency care. Anything less is unacceptable. In life, medical emergencies happen. We know this to be true. However, your time spent in the emergency department doesn't have to be traumatic, especially if you know what to expect.

## Quick Stats 2010

- Average number of patients treated daily: 94
- Number of patients treated each year: 33,083
- All registered nurses in the ED with special training in critical and life threatening injuries
- Emergency physicians who rank in the 99th percentile nationally in patient satisfaction
- Nationally certified Chest Pain Center

## Staffing

**Physicians** – With a fully-staffed emergency physician team, Capital Emergency Physicians (CEP) has a 20-year stellar track record with St. Mary's. In fact, patient satisfaction with our emergency physicians is consistently in the 99th percentile nationally. Fourteen out of 15 of our emergency physicians are board certified.

**Registered Nurses** – In addition to friendly, compassionate care, the emergency department nurses are specially trained in emergency medicine, including extensive training in trauma, advanced cardiac life support and pediatric advanced life support. St. Mary's ED is the only ED in town staffed with 100% registered nurses, 39 in total, which means all are nurses are certified to provide exceptional emergency care.

## Contact

Beth Eidson  
Administrative Director of Emergency Services  
573.761.7007  
beth\_eidson@ssmhc.com



Revised 08.01.11

# Intensive Care

St. Mary's Health Center of Jefferson City is a full-service, acute-care hospital that offers a full range of inpatient, outpatient and emergency services for mid-Missourians. The Intensive Care Unit was established to provide comprehensive care for all patients requiring intensive care support and critical care consultation. The department provides medical, cardiac, and surgical intensive care unit services for adults.

## Quick Stats 2010

Beds  
13

Avg. Daily Census  
7.32

## Key Services

- Care of the adult critically ill with emphasis on cardiology, cardiac surgery, surgery, pulmonary and infectious diseases
- Medical Emergency Team response to all inpatient adult areas of the facility
- ACLS and CCRN trained staff response to all Cardiopulmonary Arrests
- Electronic Intensive Care (eICU) monitoring and telemedicine intervention with board-certified intensivists located in St. Louis, Mo., providing an advanced level of expertise not otherwise available in mid-Missouri.
- Central vascular access
- Bronchoscopic access
- Adult conscious sedation support
- Hemodynamic and ventilatory support and monitoring
- Cardiovascular support

## Staffing

Nursing staff: 35 RNs (27 percent are CCRN)

Leadership: Dr. Thomas Schneider, MD, Medical Director, Dr. Patrick Morello, MD, Chair, Critical Committee

## Contact

Jane Dozier  
Director  
573.761.7000 ext. 2066  
jane\_dozier@ssmhc.com  
www.lethealingbegin.com



Revised 08.01.11

# Laboratory

St. Mary's Health Center Laboratory of Jefferson City provides clinical and anatomical services requested by physicians. Services include central processing, hematology, coagulation, urinalysis, chemistry, microbiology, blood bank, surgical pathology, pathology autopsy, phlebotomy, ancillary, and blood gases. Reference Laboratory test results along with providing services to physician offices, nursing homes, and St. Mary's medical clinics. All testing personnel meet CLIA standards for testing. Competency is assessed according to the College of American Pathologists (CAP) and CLIA requirements. The Laboratory is located on the first floor of the hospital.

## Quick Stats 2010

2010 Billable Tests:

Inpatient 251,142

Outpatient 148,286

## Key Services

Central Processing

Hematology, Coagulation, Urinalysis

Chemistry

Microbiology

Blood Bank

Surgical Pathology

Pathology Autopsy

Phlebotomy Ancillary

Blood Gases

## Staffing

Laboratory Employees: 36 Pathologists: 3

Leadership

Denise Tritz MD, Medical Director

Kim Weith, Laboratory Director

## Contact

Kim Weith, MT (ASCP)

Laboratory Director

573.761.7074

kim\_weith@ssmhc.com

www.lethealingbegin.com



A Member of SSM Health Care

Revised 08.01.11

# Managed Care

## *Managed Care Participation*

Aetna U.S. Healthcare  
Allied Benefit Systems (Regal Beloit/Fasco)  
Anthem Blue Cross and Blue Shield  
Beech Street  
CCO, Inc.  
Cigna Health Plan  
CompResults  
Corvel  
Coventry of Kansas/Southcare PPO/  
Healthcare Preferred/Coventry PPO  
FirstHealth  
Focus Healthcare Management  
GreatWest Healthcare  
Group Health Plan (GHP)  
Healthlink, Inc.  
Humana  
Mercy Health Plan  
MultiPlan  
PPO Next (Medical Control)  
Private Health Care Systems (PHCS)  
United Health Care  
USA Health Network

Medicaid MC+ Contracts:  
HealthCare USA  
Molina

Mental Health Contracts:  
Cigna Behavioral  
Community Network for Behavioral Healthcare  
(CommCare)  
Mental Health Network (MH Net)  
Magellan  
United Behavioral Health  
St. Johns Managed Behavioral Health (Unity)

Medicare/Medicaid/Tricare:  
Traditional Medicare  
Medicare Private Fee for Service Plans (PFFS)  
Coventry Medicare Advantage/Gold Product  
Humana Gold Choice  
Medicaid  
TriWest (Tricare)  
United Source Horizons

## *Contact*

Joyce Brandt  
Director of Managed Care  
573.761.7142  
joyce\_brandt@ssmhc.com



A Member of SSM Health Care

Revised 08.01.11

# Medical Imaging

St. Mary's Health Center Medical Imaging provides screening and diagnostic services as ordered by physicians. Services include diagnostic imaging, computer-aided tomography (CAT) scans, MRI scans and nuclear medicine procedures, including PET/CT scans. We are an accredited ultrasound department, as well as an ACR-accredited mammography department. St. Mary's also has a digital special procedures lab for studies such as pain management and vascular stent placement. All testing personnel are accredited in their departments and testing meets or exceeds The Joint Commission standards. Medical Imaging is located on the first floor of the hospital.

## Quick Stats 2010

Medical Imaging Employees

46

Radiologists

5

## Key Services

- Diagnostic imaging
- CT (128, 64 and 16 slice)
- MRI
- Nuclear Medicine
- PET CT
- Echo
- Ultrasound
- Special Labs

## Staffing

Leadership: Steven Harper, MD, Medical Director, Scott Langley, Medical Imaging Director

## Contact

Scott Langley

Medical Imaging Director

573.761.7091

scott\_langley@ssmhc.com

www.lethealingbegin.com



A Member of SSM Health Care

Revised 08.01.11

# Musculoskeletal Services

St. Mary's Musculoskeletal Services program provides integrated, efficient and effective orthopedic surgical services, acute inpatient care and outpatient rehabilitation. On-staff orthopedic surgeons provide general coverage for orthopedic needs. Specialty services include spine surgery, major joint surgery, hand surgery, podiatry, physiatry, rheumatology and occupational medicine.

## Quick Stats 2010

Inpatient Admissions  
1,118

Outpatient Cases  
13,819

Rehabilitation (Billed Visits)  
114,161

## Key Services

Arthroscopic Surgery  
Aquatic Therapy  
Carpal Tunnel Surgery  
Ergonomics  
Foot Surgery  
General Orthopedics  
Hand Surgery  
Lymphedema Therapy  
Manual Therapy  
Occupational Medicine  
Occupational Therapy  
Physical Medicine and Rehabilitation  
Physical Therapy  
Shoulder Surgery  
Speech Language Pathology  
Spine Surgery  
Sports Medicine  
Total Joint Replacement

## Clinics

St. Mary's Spine Center and Rehabilitation  
2511 W Edgewood Drive, 573.761.6970

St. Mary's Sports Medicine and Rehabilitation  
1241 W. Stadium Blvd, 573.556.5770

## Staffing

12 physical therapists, 8 physical therapy assistants, 5 speech language pathologists, 6 athletic trainers, 3 occupational therapists. Leadership: Jonathan Craighead, MD, Medical Director, Musculoskeletal Svcs.

## Contact

Wanda Woods, Manager  
573.761.7008  
wanda\_woods@ssmhc.com  
www.lethealingbegin.com



A Member of SSM Health Care

Revised 08.01.11

# Pharmacy

St. Mary's pharmacy includes a 24/7 centralized inpatient pharmacy and four clinic pharmacy locations.

## Quick Stats 2010

Retail Locations  
4

Outpatient Retail  
137,226 Rxs

Inpatient Volume  
1.1 million workload units

## Key Services

Clinical  
Dosing service  
Consultation  
Order entry  
Profile/MAR maintenance  
Unit dose dispensing  
Pyxis interface  
IV additive  
Chemotherapeutic preparation  
Drug procurement  
Drug use review  
Pharmacy and therapeutics  
Outpatient retail pharmacy service

## Pharmacy Locations

100 St. Mary's Medical Plaza  
Jefferson City, MO 65101  
573.761.7095

140 North Star  
Holts Summit, MO 65043  
573.896.4579  
Manager: Linda Cook, R.Ph

875 Highway 5 South  
Tipton, MO 65081  
660.433.5405  
Manager: Brad Rowland, R.Ph

200 St Mary's Medical Plaza  
Jefferson City, MO 65101  
573.761.2111  
Manager: Bruce Eilers, R.Ph

## Staffing

Pharmacists: 15  
Outpatient Techs: 7  
Inpatient Techs: 11

## Contact

Garf Thomas  
Director, Pharmacy  
573.761.7171  
garf\_thomas@ssmhc.com  
www.lethealingbegin.com



# Physician Network

St. Mary's Physician Network is a multi-specialty group of employed physicians that offers a wide range of physician services for mid-Missourians. St. Mary's operates primary care medical clinics Jefferson City and six surrounding communities: Belle, Holts Summit, Lake Ozark, Tipton, Versailles and Westphalia. In addition, St. Mary's employs specialists in Jefferson City representing pediatrics, occupational medicine, psychiatry, medical oncology, hospitalist services, cardiovascular surgery, and psychology.

## Quick Stats 2010

|            |                    |                |
|------------|--------------------|----------------|
| Physicians | Mid-Level Provider | Patient Visits |
| 28         | 4                  | 115,844        |

## Key Services

- X-Ray
- Waived Lab
- EKG
- Preventative Exams
- Acute Care
- Minor Procedures
- Immunizations
- Drug Screening
- Urgent Care
- Worker's Compensation
- Outpatient Counseling
- Vascular Screening

## Contact

Paul Hansen  
Administrative Director of Physician Services  
573.761.7000  
paul\_hansen@ssmhc.com  
www.lethealingbegin.com



A Member of SSM Health Care

Revised 08.01.11

# Sleep Center

St. Mary's Sleep Center has become known for providing exceptional sleep disorder services. Nationally accredited by the American Academy of Sleep, the center offers sleep testing six days a week in a technologically advanced eight-bed facility.

Krishna Mettu, MD, specializing in sleep medicine/neurology, leads the center, and ten sleep professionals perform quality sleep studies and assist in the analysis of the data. Appointments are available to patients within two weeks of receiving the referral.

## Quick Stats 2010

|      |                         |
|------|-------------------------|
| Beds | Number of Sleep Studies |
| 8    | 1,589                   |

## Key Services

Pediatric Sleep Program  
Routine Sleep Testing  
CPAP/BiPAP Titration  
Multiple Sleep Latency Testing  
Maintenance of Wakefulness

## Staffing

Employees: 14 staff, 8 registered polysomnographers  
Physicians: Dr. Mettu, specializes in sleep medicine, and 114 referring

## Contact

Kendra Witthaus, BHS, RRT, RPSGT  
Director, Respiratory Care, Sleep Disorders, EEG  
573.761.7026  
kendra\_witthaus@ssmhc.com

Joseph Pridgeon, RPSGT  
Sleep Center Coordinator  
573.761.7028  
joseph\_pridgeon@ssmhc.com  
www.lethealingbegin.com



A Member of SSM Health Care

Revised 08.01.11

# Surgery

Welcome to St. Mary's Surgery Department, central Missouri's most-preferred hospital for major surgery and outpatient surgery. More than 6,400 surgeries were performed at St. Mary's last year, with a commitment to quality that places St. Mary's in the top 10% of hospitals nationwide.

Our experienced team of surgeons, anesthesiologists and nurses work with the latest technology to maximize patient safety and comfort. With more than 50 active surgeons on our medical staff, we offer a full range of procedures – many of which use minimally invasive techniques with the smallest of incisions to minimize pain and speed recovery.

## Quick Stats 2010

Surgery Rooms/Suites  
8 OR, 2 Endo Suites,  
5 Endo Prep/PostOp

Inpatient Surgeries  
2,270

Outpatient Surgeries  
3,750

## Staffing

Leadership: Ray Schmidt, MD, Medical Director

## Contact

John Brothers  
Administrative Director, Surgical Services  
573.761.7000, ext. 2197  
john\_brothers@ssmhc.com

Mike Hyde  
Director  
573.761.7000 ext. 2230  
www.lethealingbegin.com



Revised 08.01.11

# Ultrasound

St. Mary's Health Center of Jefferson City is a full-service, acute-care hospital that offers a full range of inpatient, outpatient and emergency services for mid-Missourians.

The Ultrasound department, accredited in all three areas---echocardiography, vascular and general ultrasound--performs a wide variety of diagnostic and therapeutic procedures using the most advanced technology and equipment.

## Quick Stats 2010

Ultrasound Machines

5

Inpatient and Outpatient Procedures

8,212

## Key Services

- Echocardiogram General Vascular
- Adult Echocardiogram Abdominal Arterial Upper / Lower
- Pediatric Echocardiogram Pelvic Venous Upper / Lower
- Transesophageal Echo OB / GYN Carotid Doppler
- Stress Echocardiogram Small Parts Ankle Brachial Index
- OR Image Assistance Breast Varicose Vein Reflux
- OR Image Assist OR Image Assist

## Staffing

Qualified technologists and physicians are on the premises or on call to provide routine and emergency services as required. 9 full & part time/PRN employees and 6 PRN techs.

## Contact

Scott Langley

Medical Imaging Director

573.761.7091

scott\_langley@ssmhc.com

www.lethealingbegin.com



A Member of SSM Health Care

Revised 08.01.11

# Women & Children Services

Most preferred by mothers in Jefferson City and surrounding areas, St. Mary's Health Center is considered the baby hospital in Jefferson City. Since 1905, our staff has helped bring thousands of babies into the world! It's the perfect environment for babies to enter the world into the love and safety of family.

St. Mary's all-private labor and delivery rooms are warm and homelike, yet supported by the immediate availability of the latest technology. When laboring moms need help managing their pain, our 24/7 team of anesthesiologists is there.

In addition to a Level I nursery, St. Mary's has Jefferson City's only Level II nursery for babies who need special medical attention. Pediatricians with advanced training in neonatology and registered nurses are available to focus attention on babies with special needs.

## Quick Stats 2010

| Births | LDRP Beds | PP/Gyn Beds | Swing (PP/Gyn or Peds) |
|--------|-----------|-------------|------------------------|
| 661    | 6         | 4           | 4                      |

## Key Services

Labor and Delivery

24/7 Pain Management

Postpartum

Newborn Nursery

Intermediate Care Nursery

Level II Nursery

Short-term Neonatal Ventilator Support

Obstetrical Surgery

Childbirth Education: "Daddy Basics," Super Sibling, Breastfeeding Support and Education

Growing Family Photo Services

Gynecological Surgery

## Contact

Becky Schwaller

Women's & Children's Health

573.761.7000 ext. 3330

rebecca\_schwaller@ssmhc.com

www.lethealingbegin.com



A Member of SSM Health Care

Revised 08.01.11

# Wound Center

St. Mary's Health Center of Jefferson City is a full-service, acute-care hospital that offers a full range of inpatient, outpatient and emergency services for mid-Missourians. The Wound Healing Center, located at St Mary's Health Center provides treatment for non-healing and problem wounds. Problem wounds are widespread among diabetics and individuals with a range of other medical conditions, such as radiation tissue damage, that interfere with the body's natural healing process.

## Quick Stats 2010

Patients Discharged  
638

## Key Services

- Inpatient consults
- Outpatient wound care for all wounds including but not limited to:
  - \* pressure ulcers
  - \* diabetic wounds
  - \* venous stasis ulcers
- Hyperbaric Therapy

## Staffing

Physicians: 4  
RNs: 7  
Support Staff: 1

## Contact

Gail Thompson  
Cardiovascular Director Outpatient  
573.761.7000 ext. 2165  
gail\_thompson@ssmh.com



# Women's Imaging Center

St. Mary's Health Center Women's Imaging Center provides screening and diagnostic services as ordered by physicians. Services include screening and diagnostic mammography, breast ultrasounds, as well as biopsies and breast MRI scans. Bone mineral tests (DEXA) scans can also be performed. All personnel are accredited and exams meet or exceed The Joint Commission standards in the Women's Imaging Center

## Quick Stats 2010

|           |             |
|-----------|-------------|
| Employees | Radiologist |
| 3         | 5           |

## Key Services

- Digital mammography
- Diagnostic Ultrasound
- Breast MRI
- Bone Density
- Breast Biopsies

## Staffing

Leadership: Steven Harper, MD, Medical Director, Scott Langley, Medical Imaging Director, Kenda Friese, Mammography Supervisor

## Contact

Scott Langley  
Medical Imaging Director  
573.761.7091  
scott\_langley@ssmhc.com  
www.lethealingbegin.com



A Member of SSM Health Care

Revised 08.01.11