



# What to Bring to the Hospital

Having a baby is a very exciting time for you. We have created a list to help you prepare for the birth of your baby. This is what we suggest.

A written list of your current medications and dosages  
(the hospital pharmacy will provide all your medications during your stay)

Driver's license

Insurance card

Toiletries

Lounge wear (note: during labor you will wear a hospital gown)

Support items to comfort you:

movies

music

reading materials

massage supplies

two pillows

camera

baby book

a focal point (if using)

telephone numbers of friends and family

Weather-appropriate clothing for departure

Infant car seat for the ride home